


Week Commencing: Monday 18<sup>th</sup> May

Year group: One

<p><b>Reading</b> activities including phonics practice for children in KS1</p> <p>Activities: Phonics using <a href="http://ruthmiskin.com">ruthmiskin.com</a> Watch Set 3 sounds and word time at 10:30am daily.</p> <p>Have you listened to our teaching team reading stories on class dojo?</p> <p>Talk about your favourite characters in these stories. Why do you like these characters?</p> <p>Choose a familiar story and draw a picture of they story setting. Can you label it?</p> <p>Read My pet star together. <a href="https://www.booktrust.org.uk/books-and-reading/have-some-fun/my-pet-star/">https://www.booktrust.org.uk/books-and-reading/have-some-fun/my-pet-star/</a></p>	<p><b>Maths</b> <b>Basic practice</b> <b>n.rich.maths.org has lots of simple maths games to play with just a pencil and paper.</b> <b>Try – Shut the box and strike it out.</b> Can you find the answers to these problems? Noah saw 12 legs walk by into the Ark. How many creatures did he see? How many starfish could there be on the beach, and how many children, if I can see 28 arms? Lukas and Aaron were given a bag of lollies. They shared them out evenly and had one left over. How many lollies could there have been in the bag?</p>  <p>Cut four triangles from a square as shown in the picture. How many different shapes can you make by fitting the four triangles back together?</p>	<p><b>Physical activity</b></p> <p>Activities: Boogie Beebies</p> <p>Have a go at learning a dance following the direction of the dancers on ‘boogie beebies.’ (<a href="http://bbc.co.uk">bbc.co.uk</a>)</p> <p>1 Minute challenges. Can you balance on one leg? Can you throw and catch a ball without dropping it? How many star jumps a can you do? Can you skip for one minute? Can you hop for one minute without falling down?</p>
<p><b>News update</b> and discussion about what is going on in the world, country and locally. Try to focus on good news and other events rather than always focusing on COVID-19</p>	<p><b>Break for lunch</b> – develop your child’s independence by involving them in the preparing of lunch, clearing away and washing up etc. Practice spreading skills, spreading butter and jam on bread is something children find difficult.</p>	<p><b>Social activity</b> e.g. playing a card game, board game, having a drink and snack, contacting relatives and friends etc</p>
<p><b>Writing or Spelling</b> activity Activities: BBC bitesize do daily lessons for year 1 children. They have video support for parents. <a href="http://home.oxfordowl.co.uk/bbc-bitesize-lesson-support/">home.oxfordowl.co.uk/bbc-bitesize-lesson-support/</a> Have a go at ‘using and’ and ‘exclamation marks.’</p>	<p><b>Online learning activities</b> Activities: Great phonics games on <a href="http://phonicsplay.co.uk">phonicsplay.co.uk</a> have a go at sentence substitution. (Choose phase 5 or 6 if your children are confident or phase 3 and 4 if they are finding it difficult.) ICT games has some great games to explore. Skywriter can help with handwriting and little bird can help</p>	<p><b>Mindfulness activities</b> Activities: <b>Sitting and being calm.</b> Place the side of your hand on your forehead, with your palm facing out to the side. Close your eyes. Slide your hand down your face, in front of your nose. Say “shhh” as you slide your hand down your face</p>

Practise spelling common exception words with spooky spelling on [ictgames.com-literacy](http://ictgames.com-literacy) activities. Make a word search using common exception words from the year 1 list.

with spelling. Phonics pop is great fun and children will really enjoy it.

If you are sitting down, you do the 5 Ss while you move your hand: Sit up straight, sit still, sit silently, soft breathing, shut eyes.  
If you are standing do the same but you are standing straight, still, silently, using soft breathing and shut eyes while you move your hand down your face.