

Week Commencing: 6th July 2020

Year group: One

<p>Reading activities including phonics practice for children in KS1</p> <p>Activities:</p> <p>Phonics games we use in school and children are familiar with are on phonics play website – phase 4 and 5</p> <p>User name: march20 Password: home www.phonicsplaycomics.co.uk</p> <p>Log onto oxfordowl.co.uk (its free but you will need to enter an email address.)</p> <p>Go to ebooks You can read some of the ‘read write inc’ books. Choose a level appropriate for your child. Practice reading the speed sounds, red words and green words. Check understanding of the story by answering the questions at the back of the book.</p>	<p>Maths basic practice</p> <p>Activities: Addition and subtraction Make a number line with chalk along the floor practice jumping forwards and backwards.</p> <p>Topmarks.co.uk Play addition robots. Click and drag the robots to the correct answers. Play subtraction grids. Choose an appropriate level of challenge.</p> <p>Practice number bonds to 10 or 20. Using 10/20 coins drop them on the floor and see how many are head or tails? Record this as an addition or subtraction number sentence.</p> <p>Make up your own subtraction stories. I have 10 sweets and I give 4 to my mum. How many are left? Draw a picture to go with your story.</p>	<p>Physical activity –</p> <p>Learn some ‘go noodle’ dances on you tube.</p> <p>Make an obstacle course and time yourselves doing it.</p> <p>Long Jump: See how many cushions they can jump over. Have them try and beat their best score each time. Experiment with arm swinging vs. arms behind their backs.</p> <p>Run ‘n’ Jump: Now let them take a running start and see if they can jump even further!</p> <p>Long Jump Backwards: Increase the difficulty by performing the tasks jumping backwards.</p> <p>Hop: How far can they jump on one leg? Reach ‘n’ Stretch: How far can their leg reach with one foot on the “start” line?</p>
<p>News update and discussion about what is going on in the world, country and locally. Try to focus on good news and other events rather than always focusing on COVID-19</p> <p>Keep a diary throughout the school closure of an event that happens each day – one sentence or a longer piece, a print out of a story or a cutting from a newspaper</p>	<p>Break for lunch – develop your child’s independence by involving them in the preparing of lunch, clearing away and washing up etc.</p> <p>We have been learning fraction so have a go at cutting or sharing food into equal halves and quarters. Ask your child to check if the parts are equal.</p>	<p>Social activity e.g. playing a card game, board game, having a drink and snack, contacting relatives and friends etc</p> <p>Play hangman with tricky words.</p> <p>Make your own word search using names of your friends or family.</p> <p>Play noughts and crosses.</p> <p>Play bingo.</p>
<p>Writing or Spelling activity</p>	<p>Online learning activities</p>	<p>Mindfulness activities Make sure they are ready to give mindfulness a try; if they are full of</p>

<p>Watch Mrs Dee reading the story of 'The naughty bus' on the school website or watch it on Youtube. Write a night time adventure for the Naughty bus. I have already read the story to Greece, but they may need a reminder.</p> <p>Check your own work for; Capital letters Full stops and question marks Exclamation marks Handwriting Using adjectives</p>	<p>Hit the button on topmarks.co.uk is great for practicing halving, doubling and number bonds.</p> <p>Play some phonics games on ictgames.com. Phase 4 and 5.</p> <p>BBCbitesize have daily lessons for maths and English for year 1 children.</p> <p>Watch the clips for key stage one children about transport in the history section.</p> <p>On topmarks.com play fractions game. Level 1 and sort objects into equal groups.</p>	<p>energy and itching to run and play, it may not be the best time for practicing mindfulness for the first time.</p> <p>Assure them that it's okay to get off track, and how to gently guide themselves back to mindfulness when they realize they lost focus. Instruct your kids to turn-on their "Spidey senses," or the super-focused senses of smell, sight, hearing, taste, and touch that Spiderman uses to keep tabs on the world around him. This will encourage them to pause and focus their attention on the present, opening their awareness to the information their senses bring in.</p>
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